

TECHNICAL DATA SHEET

FAB3W

TDS01



Checkmate FAB3W - 3m Webbing Fall Arrest Block

The FAB3W is a lightweight palm size Fall Arrest Block and is so light it can be mounted directly to the users harness via the rear D connector. Also available as a dual assembly for 100% tie off whilst moving between anchorages whilst moving around a structure.

Xcalibre

SAFETY BY DESIGN



Rapid Lock-on

The brake activates quickly under the acceleration of the user and triggers the Pawl to lock onto the shaft.



Webbing & Shaft

One piece shaft supports the Dyneema & Polyester webbing which has a minimum breaking load of 15kN.



PC/ABS Housings with Grips

High strength housings give protection to the mechanical assembly and include TPE grips to both sides.



Shock Pouch

The shock pouch reduces the peak shock loads to less than 6kN and extends to varying amounts depending on the fall conditions.



Dual Adaptor

A simple coupler connects two FAB3W's which can be mounted on the rear "D" of a full body harness giving the user two attachment points for greater safety in the workplace.



EN

ANSI

Fall Indicating Swivel Hook

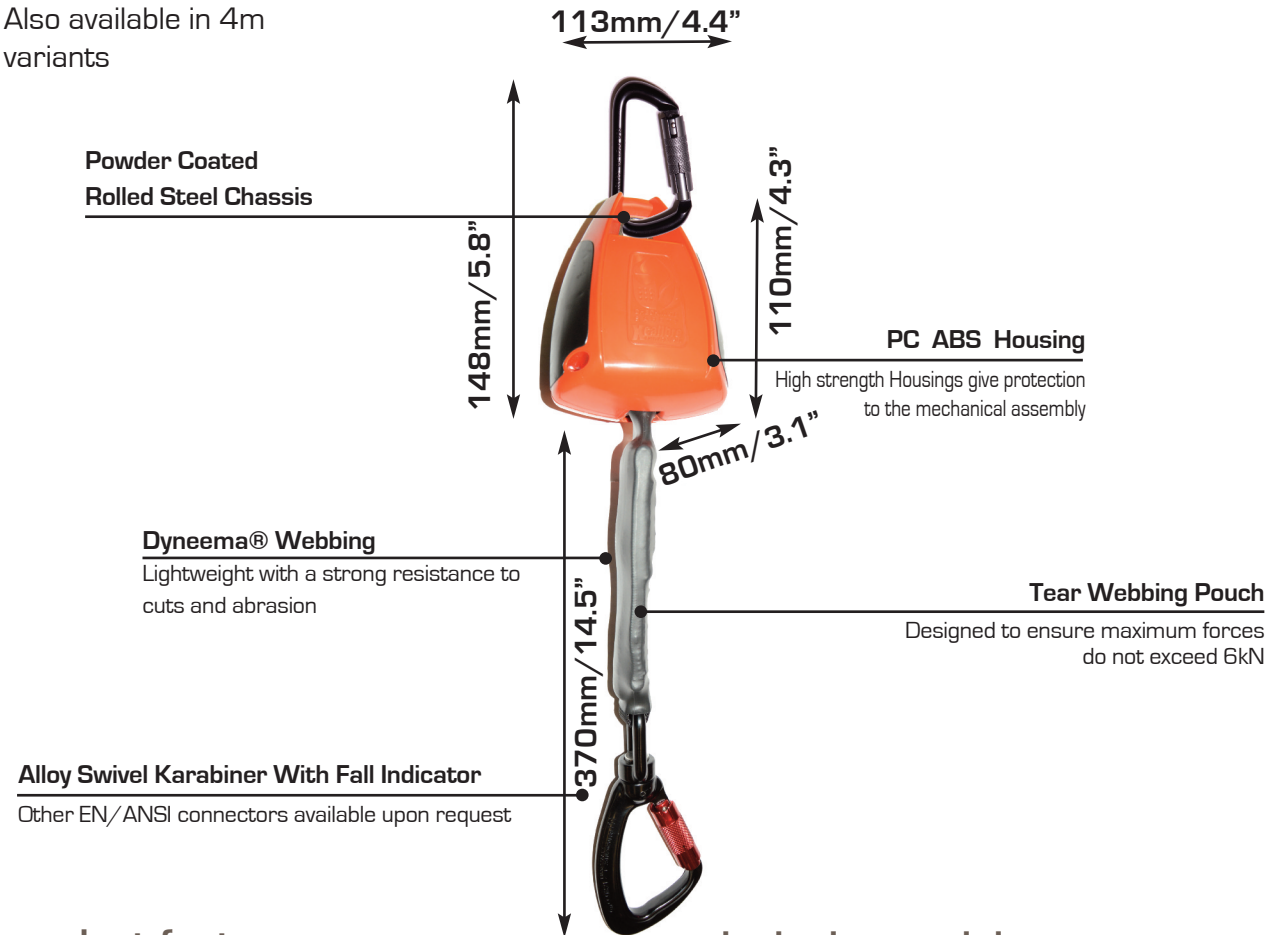
The swivel hook includes a fall indicator, which clearly shows if the device has been subjected to a shock load.

The information on this data sheet is for marketing purposes only and Checkmate reserves the right to amend at any time without notice. The information must not be relied on for use, which must be obtained from the product marking and user information.

ordering information

Part No.	Length	Description	Weight
▼ FAB3W	3 metres (10ft)	Fall arrest block red [EN]	1.1kg (2.5lbs)
▼ FAB3D	3 metres (10ft) x 2	Fall arrest block red dual [EN]	2.34kg (5.2lbs)
▼ FAB3W-ANSI	3 metres (10ft)	Fall arrest block red [ANSI]	1.3kg (2.7lbs)
▼ FAB3D-ANSI	3 metres (10ft) x 2	Fall arrest block red dual [ANSI]	2.8kg (6.2lbs)
▼ PPEDA-006	N/A	FAB3W dual adaptor kit	<1kg (2.2lbs)

Also available in 4m variants



product features

- ▼ **Top Connector**
EN- EN:362 alloy twist lock karabiner
ANSI- ANSI:Z359.12 steel twist lock karabiner
- ▼ **Bottom Connector**
EN- EN:362 alloy swivel triple action twist lock karabiner
ANSI- ANSI:Z359.12 steel swivel triple action twist lock karabiner
- ▼ **Dyneema Polyester Webbing**
22mm minimum breaking load
15kN
- ▼ **Capacity**
3m/10ft or 4m/13ft
- ▼ **Maximum Arresting force**
6kN [EN] 1800lbs [ANSI Class A]
- ▼ **User Weight**
150kg [330lbs] max [EN]
140kg [310lbs] max [ANSI]

principal materials

- ▼ **External Housings**
PC/ABS High strength and rigidity UV stabilised
- ▼ **Grips**
TPE
- ▼ **Chassis**
Hot Rolled Steel, Zinc plated & Passivated
- ▼ **Pawls**
Steel, hardened - Zinc plated & Passivated
- ▼ **Bearing Plates**
PTFE
- ▼ **All Fixings**
Stainless steel
- ▼ **Swivel Hook**
Alloy, Rated to 25kN [EN] Steel, Rated to 40kN [ANSI]

standards

- ▼ EN 360, ANSI Z359.14-2012 Class A, OSHA 1910.66 APP.C and OSHA 1926 Subpart M



CHECKUSOUT

www.checkmatesafety.co.uk

