

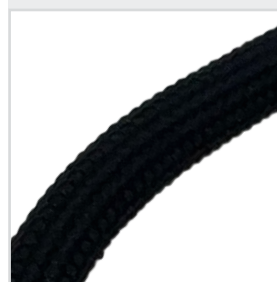


RLA

ROPE LANYARD ADJUSTABLE

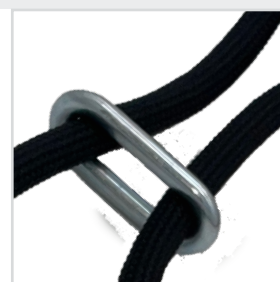
TECHNICAL DATA SHEET - ISSUE 1

The Checkmate adjustable rope lanyard has been designed for a variety of uses to prevent a worker from falling at height. A range of connectors are available as end fittings to suit multiple tasks. The three bar slider allows the user to adjust the length of the lanyard in a matter of seconds. Note - Lanyard length is measured between the bearing points of the hooks. Exchanging a karabiner for a scaffold hook could lengthen a lanyard beyond the maximum allowable length under the relevant EN standard.



Low Stretch Rope

The lanyard rope is low stretch which prevents the lanyard from exceeding the maximum allowable length.



Steel Adjuster

The sliding Steel adjuster allows the user to easily shorten the length of the lanyard.



Sewn Terminations

Sewn terminations stitched with contrast thread protected by a clear durable cover for easy inspection and added safety.



Wrap around label

Keeping the label out of the way and free from damage.



C=	End Fitting
Part Code	H-002
Description	Steel Scaffold hook
Gate Opening	63.5mm
Standards	EN362



B=	End Fitting
Part Code	H-001
Description	Steel screwgate karabiner
Gate Opening	22mm
Standards	EN362



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TECHNICAL DATA SHEET - ISSUE 4

Prod. Code	Description	Weight
RLA-#-++	Adjustable Rope Lanyards	0.6kg (RLA-1.5-CC)
# Denotes length in metres		
+ Denotes end fittings		
RLA-1.5-CC = 2 metre adjustable rope lanyard with two alloy twist lock carabiners		



Features

- **Rope Strength**
22kN - minimum breaking load
- **Maximum Length**
1.5 metres
- **User Weight**
140Kg Maximum
- **Rope**
11mm Kernmantle Polyester
- **Adjustable Buckle**
Electroplated steel

Standards

- EN 358:2000
- EN 354:2010